



Mental Health Summit for HR Directors

May 7, 2025

9am-2pm

University of Pennsylvania

3440 Market St

Philadelphia



How Do We Effectively Respond to the Dynamic Mental Health Challenges of Staff?

How Do we Proactively Build Strong Mental Health Communities?



What You Will Learn

This workshop will engage HR directors and HR staff in developing plans and programs that promote the mental health and well-being of their staff and themselves.



Resources Provided

Each participant will receive The Commitment to Mental Health and Optimal Development Toolkit for Educators that includes research techniques, strategies and links to additional resources for well-being. There will also be further resources on optimizing mental health for staff.



Other Opportunities

Participants will share effective practices and strategies for promoting mental health and responding to dynamic challenges that staff face.

We will discuss the possibility of establishing an HR Consortium for Mental Health and Optimal Development.

COST

\$380 per person

**\$340 for a team
of 3 or more**



<https://pmhod.gse.upenn.edu/>



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(215)-746-4224

Registration

<https://tinyurl.com/HRDirectorsSummitMay7th>

