

Professional Development Workshops

Our workshops can be either direct to staff or the train-the-trainer model. We offer comprehensive opportunities for your staff to develop their skills to reach your district's goals. We offer these workshops to broad audiences and subgroups of teachers, counselors, leaders and students.

Example workshop topics:

Practical Insights & Applications of Trauma- Informed Care

How to Introduce Stress and Anxiety Management Techniques to Students and Staff

How to Foster a Culture of Belonging

Enhancing Mental Health Literacy across K-12

Please reach out to our team using the contact information below for more information about our services!

Current Toolkit Topics

Trauma Informed Practices

Cultivating a Culture of Belonging

Stress & Anxiety

Commitment to Mental Health and Optimal Development for Students

Commitment to Mental Health and Optimal Development for Educators



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